

## CABIN CREW INITIAL TRAINING PROGRAM GENERAL PRESENTATION

Total duration of training: 8 weeks , exams included	CAE Hours	Ref OACI	CAE Douala CCC Program
<b>Total general hours</b>			<b>187</b>
<b>THEORETICAL INSTRUCTION SAFETY AND RESCUE</b>	<b>60</b>		<b>CCC Theoretical instruction</b>  <b>120h</b> <b>Including</b> <b>8 hours of visits</b> <b>4 hours of conference and review</b>  <b>5 weeks</b>
Conference			
Elements of aeronautical knowledge			
Regulations			
General instructions			
General instructions in case of emergency survival			
Aircraft visit			
Safety, rescue review			
<b>FIRST AID THEORETICAL INSTRUCTION</b>	<b>60</b>		
Elementary notions of anatomy and physiology			
Aeronautical environment and its body reactions			
First aid on board			
Visit of the hospital			
First aid review (Exercises)			
Practice test			
<b>END OF THEORETICAL INITIAL CABIN CREW TRAINING</b>			
<b>THEORETICAL INSTRUCTIONS ADDITIONAL MODULE</b>			<b>Complementary theoretical instruction</b> <b>27 hours of flight</b> <b>1 hour of loft flight</b>  <b>1 week</b>
Crew Resources Management (CRM)			
Dangerous goods			
Safety			
Examination 1 group for ½ a day			
Loft: 2 observers 1 group for ½ a day			
CCC free review			
<b>END THEORETICAL CABIN CREW TRAINING PLUS SPECIALISED MODULES</b>			
<b>PRACTICAL INSTRUCTIONS</b>			<b>Practical instruction</b> <b>40 hours</b>  <b>1 week</b>
Safety Rescue (including fire, Swimming )			
Mock exams: Safety rescue			
First aid			
Mock exams: First aid			
<b>PRACTICAL CABIN CREW CERTIFICATE TRAINING</b>			